

## **Service Enrichment Menu**

## Enrichment should ignite a child's passion for learning

Enrichment	Description	Resources
Sign Language x 2 With Miss Ward	In this Enrichment students to learn basic sign language words and phrases, moving onto learning how to sign along to simple nursery rhymes.  (First of 2)	
No Bake Energy Balls With Miss Sweeney	In this Enrichment students will learn how to create a healthy treat, measuring and mixing ingredients.	Oats, honey/syrup, raisins or personal preference here, peanut butter, coco powder, vanilla essence optional, mixing bowl, measuring cups and a container.
Scrapbooking With Mr Thomas	In this Enrichment, students will create an online scrapbook in order to develop the skills of appreciation and reflection.  (First of 2)	Computer, laptop or ipad
Baking With Miss Sweeney	In this Enrichment you will learn how to make some tasty treats without the need for baking.	Mixing bowl, scales, tablespoon, teaspoon, greaseproof paper, airtight container, icing sugar, peppermint essence, milk,

Course	Workshop Descriptions		Resources & Links
Reading Buddies With The Heads of Houses	Session 1 Empathy In this session you will explore the concept of empathy and express your understanding with Art. Students will then create a video to show to our younger students in order to learn more about the kinds of stories that they enjoy reading.  Session 3 Performing Stories In this session students will explore how students can use their voice to make their stories	Session 2 Exploring Stories In this session students will explore a range of children's stories, thinking carefully about how they may appeal to younger students. By the end of the enrichment, students will have created their own book review.  Session 4 Recording a Story In this session students use all their learning from the course to record a story for the younger	Session 1 some plain paper and colouring pens or pencils Links to workshops Session 1 Session 2 Session 3 Session 4
	more engaging.	students in our school.	

Mindfulness	Session 1: What mindfulness is and recognising our thoughts, emotions and feelings.  Section 3: Mindfulness & The Brain, introduction to the Prefrontal Cortex, Amygdalla and Hippocampus	Session 2: How mindfulness and empower us to cope with challenging times	Session1: 2 sheets of white paper, pencil, colours, a split pin, scissors, ruler.  Session 2: 10 sheets of white or coloured paper, ruler, pencil, glue, scissors.  Section 3: Any device and a quiet space  Section 4: Device, glitter, hot water, clear glue and a recycled container  Links to workshops  Session 1  Session 2  Session 3
Sign Language	Basic words and phrases (1) Students introduced to basic sign language rules, with simple words and phrases.  Colours and numbers (3) Content from last two sessions recapped. Signs for colours and numbers 20 – 100 introduced.	Fingerspelling (alphabet and name) (2) Students recap content covered in session 1, and then introduced to 'fingerspelling.' Students then use fingerspelling and number knowledge to answer questions such as 'what is your name?' and 'how old are you?'  Signing to a song (4) Recap content. Students introduced to signs for family members and signs for animals.	Links to workshops  Session 1 Session 2 Session 3 Session 4
Cultural Competence with Mrs Zakiuddin and Mrs Freddy	Session 1: What is Culture, What is TCK, How can we become culturally aware?  Session 3: Assessing the impact on our relationships, The key skills to be a cultural advocate, (Active listening, being assertive, gathering information and creating community)	Session 2: What does diversity mean? Introduction to the concept of an Advocate, What are assumptions and how does one stereotype	Session 1: Printed activity sheet or pencil and paper Session 2: Printed activity sheet or Paper and pencil  Links to workshops Session 1 Session 2 Session 3

	Session 1 showing Gratitude In this session we will explore how we can use our creativity to express appreciation and gratitude.	Grateful In this session, students will explore different ways to feel grateful and show gratitude	Session 1: Pencil and paper, card and colouring pencils or pens. Session 2: Paper and pencil or pen, device with a camera, box or jar.
Gratitude	Session 3 Friendship Bracelet Design In this session, students will learn about the tradition of making and giving friendship bracelets. They will then explore colour theory and design a friendship bracelet for someone special.	Session 4 Making Friendship Bracelets In this session students will learn how to make a friendship bracelet.	Session 4: thread/wool or strips of fabric. A button (optional) Links to workshops Session 1 Session 2 Session 3 Session 4